



NEW

CANADIAN HEALTHY SCHOOL STANDARDS

Developed by the Canadian Healthy Schools Alliance





HEALTHY SCHOOLS, THRIVING STUDENTS.

The Canadian Healthy Schools Alliance is a network of organizations on a mission to promote health and well-being in school communities across Canada.

Combining evidence-based and community-oriented approaches, the Alliance aims to help school leadership improve a wide variety of outcomes in their school and help them set students up for lifelong success.

Purpose



To be a tipping point to elevate the Comprehensive School Health model in a way that

- Reinforces specific accountability and processes for taking a systemic approach to enhancing wellbeing in schools
- Builds on existing work
- Centres equity, diversity and inclusion
- Acts on truth and reconciliation
- Supports staff wellbeing





The Canadian Healthy School Standards



Grounded in multiple ways of knowing – years of research, case studies, conversations and on-the-ground learnings

The Journey



- Okanagan Charter for Health Promoting Universities & Colleges - 2015
- Healthy Schools Concept Paper - PHE Canada 2012
- Comprehensive School Health Model - JCSH - 2016
- Ponder This - Dr. Susan Rodger - 2018
- Essential Conditions - Dr. Kate Storey - 2019
- What Matters in Indigenous Education - Dr. Pamela Toulouse - 2016
- A Framework for Indigenous School Health - NCCIH - 2010
- Equity, Diversity and Inclusion in Schools - PHE Canada - 2021



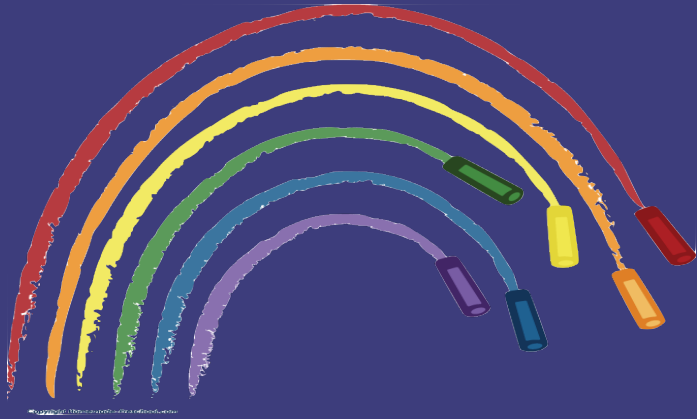


Key Touchstones



1. A Healthy School integrates policies with action at all levels.
2. A Healthy School taps into and leverages the unique protective factors within the local community and environment before, during and after school.
3. A Healthy School is each person within and outside the school bringing knowledge, expertise and resources and sharing responsibility.
4. A Healthy School affirms diversity as a gift, engages and empowers this diversity to chart an affirming and reflective plan, and is able to adapt plans where needed.
5. A Healthy School is the central hub from which to support the lifelong health and wellbeing of the child, adolescent and young adult.

Many Hands



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The Shift is Subtle but Meaningful



Inclusive view of health *rather than* focus on prevention and intervention

Asset-based, decolonizing approach *rather than* needs based

Multiple interconnected actions *rather than* one-off fragmented activities

Culturally relevant and affirming *rather than* neutral

Attention to staff wellbeing *rather than* just student wellbeing

Dedicated and sustainable funding and time *rather than* piecemeal

Sharing decision making *rather than* top down



WHY?



So that every school can become a Healthy School
and the benefits can be deepened and widened





The Canadian Healthy School Standards

HEALTHY SCHOOL COMMUNITY

Creating a Healthy School Community is not unlike growing a garden. It takes time, patience, tools and knowledge. Discover how you can best grow your Healthy School Community through the Canadian Healthy School Standards at healthyschoolsalliance.ca.

STARTING POINTS

THE GROWING CONDITIONS

Starting Points alter the success of the garden. Having all six Starting Points in place will accelerate your success, but they are not all required all the time.

The Six Starting Points

- Getting Familiar With the Standards
- Policy
- Funding and Project Support
- Time
- Community Connectivity
- Staff Wellbeing



FOUNDATIONAL STANDARDS

THE SOIL

Everything needs to be rooted and supported by rich, healthy soil. If all three Foundational Standards are not met, success is unlikely.

- 1. Whole School Approach**
Soil, rich in nutrients, covers all plants
- 2. Wellbeing Across Curricula**
The science/nature behind the plants
- 3. Charting Your Unique Plan**
Decide where to put the plants, select the right plants for your garden



IMPLEMENTATION STANDARDS

THE PLANTS

- | | |
|---|---|
| School-specific autonomy
Seeds | Quality evidence
Soil analysis |
| Administrative leadership and Higher level support
Land | Professional learning
Learning about how to tend to your garden |
| Students as change makers and Dedicated champion(s)
Gardeners | |
| Community support
Helping hands | |



The Canadian Healthy School Standards should start conversations within your school community. To continue the conversation, and link to additional resources, visit Canadian Healthy Schools Alliance at healthyschoolsalliance.ca.

CANADIAN HEALTHY
SCHOOL STANDARDS





Putting the Standards into Action!

1. Read the [Canadian Healthy School Standards](#) and consider what a Healthy School might look like in your community
2. Join the conversation - @CdnSchoolHealth, #HealthySchoolStandards
3. Bring the Standards forward to your decision-making tables. Develop policies and attach dedicated resources to support wellbeing in your school(s)
4. Stay tuned for implementation tools - coming in Fall 2021





WANT TO REACH OUT?

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